



ENQUEST GRANTS STOCK OPTIONS

TSX VENTURE: ENQ

FOR IMMEDIATE RELEASE

July 18, 2008: EnQuest Energy Services Corp. ("EnQuest") announces today that, pursuant to its stock option plan, it has granted options to acquire up to 1,423,000 common shares of EnQuest, of which 700,000 options were granted to certain key officers and directors of EnQuest. Each of the options is exercisable for a five year term expiring on July 17, 2013, and exercisable until that time at a price of \$4.25 per common share, being the current market price of the common shares based on the closing price on the last trading day prior to the date of grant. The options, and any common shares issued upon exercise of the options, are subject to a four month hold period expiring November 19, 2008.

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